

8 Major Topics

① Mathematics (calculus) of motion

$a(t) \xrightarrow{\text{integrate}} v(t) \xrightarrow{\text{integrate}} x(t)$
 $x(t) \xrightarrow{\text{differentiate}} v(t) \xrightarrow{\text{differentiate}} a(t)$

$$x(t) = \int v(t) dt \leftrightarrow v = \frac{dx}{dt}$$
$$v(t) = \int a(t) dt \leftrightarrow a = \frac{dv}{dt}$$

② Newton's 2nd and 3rd Laws (now including massive pulleys \rightarrow use $\tau = I\alpha$)

* For each object in motion, use either

$$\vec{F}_{\text{tot}} = m\vec{a} \quad \text{or} \quad \tau = I\alpha \quad (a = \alpha R)$$

usually just $\tau = FR$ for pulleys

* Use for time-dependent forces $F(t)$.

③ Work-Kinetic Energy Theorem:

$$\frac{1}{2}mv^2(\vec{r}_2) - \frac{1}{2}mv^2(\vec{r}_1) = \int_{\vec{r}_1}^{\vec{r}_2} \vec{F}_{\text{tot}} \cdot d\vec{r}$$

* Use especially for nonconservative friction forces.

And always for x-dependent friction forces

$\mu(x)$.

* W-KE gives $v(x)$. No time dependence!

④ Conservation of energy: for position-dependent forces $F(x)$, obtain $v(x)$ from

(a) Find $U(x) = -\int F(x) dx$ $\vec{F} = F(x) \hat{i}_x$.

(b) $KE(x_2) + U(x_2) = KE(x_1) + U(x_1)$

⑤ Conservation of momentum: for collisions or explosions,

$$\vec{P}_{\text{total}}^i = \vec{P}_{\text{total}}^f \begin{cases} \nearrow p_x^i = p_x^f \\ \searrow p_y^i = p_y^f \end{cases}$$

⑥ "Inverse Newton's Laws": from $\{r(t), \omega(t)\}$

find $\vec{a} = \left(\frac{d^2 r}{dt^2} - r\omega^2\right) \hat{i}_r + \left(\alpha r + 2\omega \frac{dr}{dt}\right) \hat{i}_\theta$.

From \vec{a} find $\vec{F}_{\text{tot}} = m\vec{a}$ and equate to underlying physical forces.

⑦ Conservation of angular momentum: for collisions involving rotation or changing moment of inertia.

$$\vec{L}_i = \vec{L}_f \text{ where } \vec{L} = \vec{r} \times \vec{p} \text{ or } L = I\omega.$$


⑧ Simple Harmonic Motion: for time dependence
of spring motion.

$$\textcircled{1} \quad \vec{F} = m\vec{a} = m \frac{d^2 \vec{x}}{dt^2} \quad \begin{matrix} \text{springs} \\ (F = -Kx) \end{matrix}$$

$$\textcircled{2} \quad \frac{d^2 x}{dt^2} = - \left(\frac{K}{m} \right) x$$

$\uparrow \quad \frac{K}{m} = \omega^2$

③ Most general solution is

$$x(t) = A \sin(\omega t) + B \cos(\omega t)$$


Find A and B from initial conditions
 $x(0)$ and $v(0)$.

* One full oscillation occurs when $\omega t = 2\pi$

$$\Rightarrow t = \frac{2\pi}{\omega} = 2\pi \sqrt{\frac{m}{K}}$$

Likewise for half or quarter motion.